

Mental Health Resources

Calaveras County

PROVIDED BY *CALAVERAS UNIFIED SCHOOL DISTRICT*

The district would like to remind families of the various mental health resources that are available within the county. Many resources are listed on this document, with additional handouts available on school resource websites.

Local agencies that can provide, or assist with locating support:

The Resource Connection & Children's Advocacy Center

(209) 754-9092 – Office Phone
(209) 736-4011 – 24 Hour Hotline
www.trcac.org

Calaveras County Behavioral Health Services

(209) 754-6525 – Non-Emergency
(209) 754-3239 – Crisis Intervention
<https://mentalhealth.calaverasgov.us/>

Children's System of Care

(209) 754-6525

Calaveras County Office of Education (CCOE)

(209) 736-4662 – Office Phone
(209) 736-6092 – Student Support Services
<https://www.ccoe.k12.ca.us/>

Calaveras Unified School District (CUSD)

(209) 754-2327
www.calaveras.k12.ca.us

In an emergency, please dial 911. If the situation is not an emergency, please remember you can reach out to school personnel for assistance. This includes your teacher, school counselor, school psychologist, principal, and district office. We are all here to support one another.



ADDITIONAL RESOURCES

- **National Suicide Prevention Lifeline** –
(800) 273-8255 – Phone Call or
Text: ANSWER to **839863**
www.suicidepreventionlifeline.org
- **Each Mind Matters** – Mental Health Resources in California
www.eachmindmatters.org
- **School's Resource Center** – Each school site in Calaveras Unified has a Resource Center webpage with access to mental health resources and informational documents. Refer to your school webpage for access. All school websites can be found on the Calaveras Unified School District (CUSD) website at:
www.calaveras.k12.ca.us